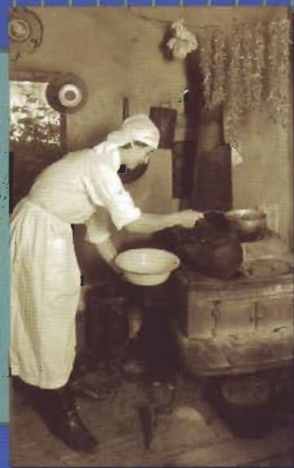
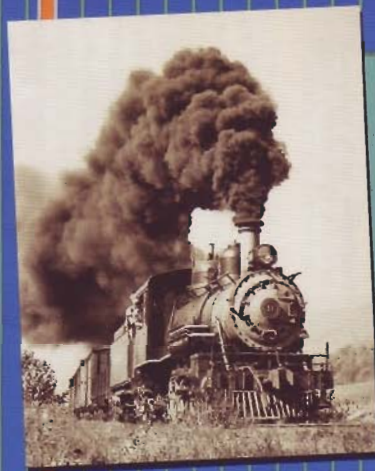


Traditions of Old-Time America

Music, Folklore & Home Cookin'

Native Ground Books & Music



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Instruction

Old-Time Fiddle for the Complete Ignoramus!



Here is the perfect fiddle book for the true and total beginner. No previous experience needed! Wayne takes you through every step of adjusting, tuning, holding and playing the fiddle. The tunes are written out in Wayne's unique and easy tab system and also in standard notation. Fiddle instruction has never been simpler, clearer, or more humorous. Includes instructional CD. 9 x 12, 80 pages.

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BOOK: NGB-104 ISBN: 883206-44-8
WITH INSTRUCTIONAL CD: \$19.95

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This book was inspired by an earlier edition written in 1973 that helped thousands to play the banjo. Updated with new tunes, it's now even better than the original. Teaches 31 tunes. 9 x 12, 64 pages.

BOOK: NGB-103 ISBN: 883206-43-X
WITH INSTRUCTIONAL CD: \$19.95

“Wayne Erbsen can even teach a frog to play!”

Visit www.nativeground.com for a list of all the tunes included in these books.

Southern Mountain Instruction Books

The Southern Mountain books for clawhammer banjo, fiddle, guitar, mandolin and dulcimer (below) are based on our very popular and rollicking collection of 19th century tunes, **Southern Mountain Classics** (see below). Each book has beginning, intermediate and advanced tablature and/or music for the 16 tunes on the recording, plus a history of southern mountain music and many killer photographs. The tunes in each book include *Soldier's Joy*, *Cluck Old Hen*, *Little Rosewood Casket*, *Arkansas Traveler*, *Shady Grove*, *Leather Britches*, *When You and I Were Young*, *Maggie*, *John Henry*, *Mississippi Sawyer*, *State of Arkansas*, *Fisher's Hornpipe*, *Chicken Reel*, *Old Spinning Wheel*, *Hogeye*, *Red Rocking Chair* and *Uncle Joe*.

Southern Mountain Classics



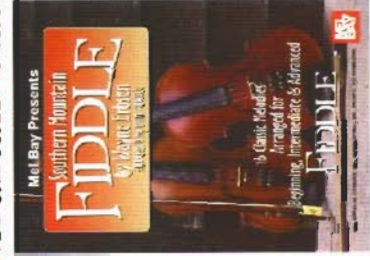
CD: NG-CD-100 \$14.95

Southern Mountain Banjo



BOOK: MB-001 \$15.95
ISBN 0-7866-0419-0

Southern Mountain Fiddle



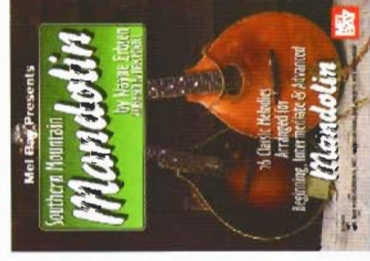
BOOK: MB-002 \$12.95
ISBN 0-7866-0422-0

Southern Mountain Guitar



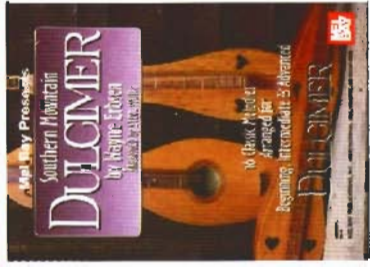
BOOK: MB-003 \$12.95
ISBN 0-7866-0420-4

Southern Mountain Mandolin



BOOK: MB-004 \$12.95
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BOOK: MB-005 \$14.95
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The perfect book for the advanced beginner or intermediate player. It teaches 23 tunes in Tab, includes banjo history, tips, vintage photos. Instructional CD included. 9" x 12", 80 pages.

BOOK: PCB104 \$18.95
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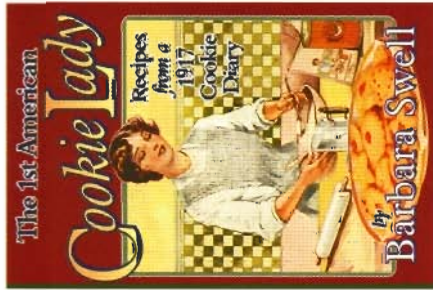
Painless Mandolin Melodies



The simplest (and friendliest) mandolin book ever written. 20 simple tunes. Playing tips and more. Guaranteed to work! With instructional CD or cassette. 8½ x 11, 32 pages.

BOOK: LGE021
ISBN: 1-883206-13-8
WITH CD: \$14.95

Yesterday's Kitchen & Home



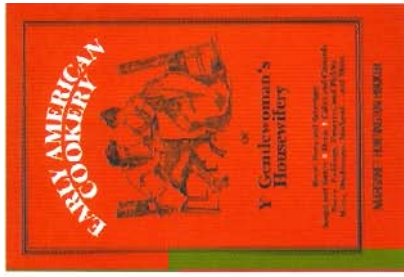
BOOK NGB-839 \$12.95;
ISBN: 1-883206-49-9

The 1st American Cookie Lady by Barbara Swell

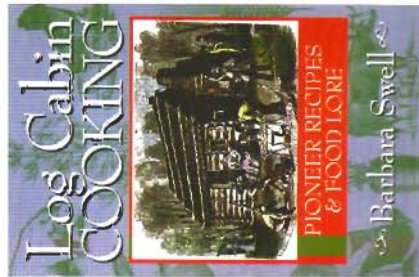
The 1st American Cookie Lady is based on a fascinating mystery. In 1917, Anna "Cookie" Covington set out to record all her favorite cookie recipes as a gift to her daughter because no published cookie recipe books existed at that time. Strangely, her 76 page handwritten personal cooking diary was never delivered to her daughter as planned. 88 years later, the unused diary fell into the hands of food historian Barbara Swell, who recognized it as perhaps the earliest collection of American cookie recipes, dating from the mid 1880s up through World War I. *The 1st American Cookie Lady* includes Anna's 221 recipes recorded from 1917-1920 along with adaptations for the modern kitchen, vintage graphics and photos, World War I food shortage recipes, plus curiosities of cookie baking history. 6 x 9, 152 pages. For those wanting a look at Anna's original cookie diary, the manuscript is available on CD upon request. Call for details.

Early American Cookery by Margaret Huntington Hooker

This amazing piece of folk history was originally published in 1896 amidst a colonial revival frenzy that swept America's eastern seaboard in the 1890s. Determined to preserve American colonial cooking, Margaret Hooker collected quaint and curious recipes and remedies that appear to have come from old and reliable sources ranging from the mid 1700s to the mid 1800s. Her 226 original illustrations of cooking utensils give us a glimpse of colonial America as seen through the eyes of a young artist and teacher of 1896. This fun book includes recipes, beauty secrets, etiquette, candle making, and household hints, written in 18th century long S style print. 5 1/2 x 8 1/2, 227 pages.



BOOK NGB-840 \$10.95
ISBN: 1-883206-50-2



BOOK: NGB-800 \$5.95
ISBN: 1-883206-25-1

Log Cabin Cooking by Barbara Swell

This best-seller is peppered with authentic 19th century photographs and smothered with old-timey recipes, kitchen proverbs, and even a pinch of proper pioneer etiquette! Make-do cooking recipes include Leather Britches, Ash Cake and Portable Soup, using the ingredients available to settlers 150 years ago! Other goodies include: hand-dipped candle making, soup warnings, molasses taffy, faux foods, zucchini clarinet and ginger beer! 5 1/2" x 8 1/2", 64 pages.

"A fascinating compilation of recipes, history, lore and humor of the pioneer kitchen" -Cook's Books Select



BOOK NGB-838 \$5.95
ISBN 1-883206-42-1

The Lost Art of Pie Making - Made Easy by Barbara Swell

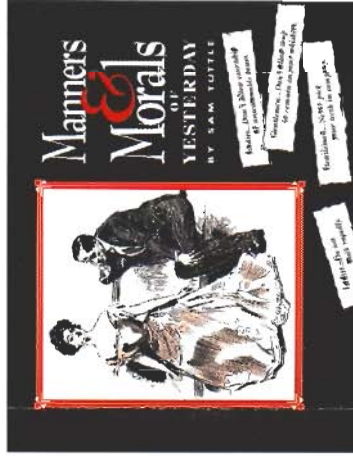
Come home to pie! This witty and fun book shows you how to make a darn good pie in a jiffy. You'll feel like you're back in your grandma's kitchen as she shows you how she rolls out her flaky, tender pie crust. Recipes date from 1831, many from 19th century handwritten cooking journals. Includes old-time pie lore, pie insults, why men love pie, pie contest tips, vintage photos, historic recipes, and more. Make pies like Rum Bittersweet Chocolate, Vanilla Crumb, Apple/Pear Mince, Sour Cherry Amaretto, Fresh Raspberry, Louisiana Peanut, as well as quick flip pies, dumplings, and crisps. 5 1/2 x 8 1/2, 72 pages. *Our newest best-seller!*

"Barbara Swell's books are like little gazettes-packed full of recipes, photos, drawings, and mountain lore."

-Malaprop's Bookstore

Manners & Morals of Yesterday by Sam Tuttle

This hilarious book draws from the wealth of late 19th century conduct manuals. With almost 250 historic engravings, it details virtually every aspect of Victorian life, including proper etiquette for wooing and courtship, duties of wives and husbands, warnings about boozers, love at first sight, how to deal with a rejected lover, and how avoid women who "twist and wiggle." You'll learn how to ask papa for your sweetheart's hand, proper table manners, carriage etiquette, what to say and when to say it. This handsome 10 1/2 x 8 1/2, 110 page edition is specially priced with limited supplies.



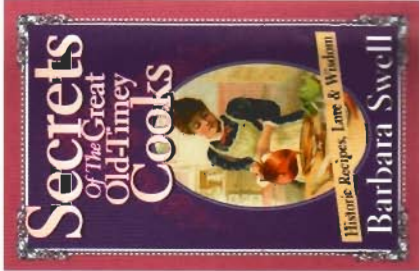
BOOK NGB-958 \$10.95
ISBN: 1-883206-51-0

Secrets of the Great Old-Timey Cooks by Barbara Swell

Go back to a simpler time with four 20th century mountain pioneer women who share their cooking secrets and stir in their own wisdom and tales of growing up on rural farms, where they prepared delicious meals by lantern light on wood cook stoves. Includes heirloom recipes, 80 vintage photos, folk remedies, proverbs, 19th century autograph rhymes and more! 5 1/2" x 8 1/2", 72 pages.

"This book stirs up memories of my grandmother's kitchen."

-Southern Highland Craft Guild



BOOK: NGB-830 \$5.95
ISBN: 1-883206-37-5

Take Two and Butter 'Em While They're Hot! by Barbara Swell

Barbara Swell has whisked up generations of hand-me-down recipes, food lore, food insults, old-timey home remedies, vintage photos, romance, superstitions, hearth crafts and 19th century chores. 5 1/2" x 8 1/2", 72 pages.

"AWESOME!"
-High Desert Museum, Bend, OR



BOOK: NGB 810 \$5.95
ISBN: 1-883206-32-4

Old-Time Farmhouse Cooking by Barbara Swell

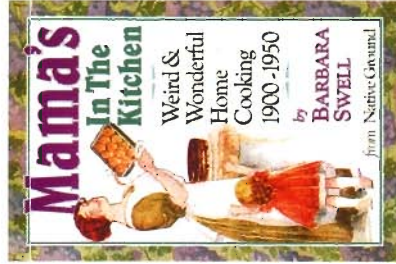


BOOK NGB-837 \$5.95
ISBN 1-883206-41-3

Climb down off your tractor and dig into some old-fashioned, farm-fresh comfort food! We've got cranberry beef stew simmering on the old cookstove and some sweet corn just pulled off the stalks. Try a dab of this farm-fresh butter on the orange rye bread. Whether you're a born farmer or a country-minded city person, you'll enjoy these creative rural recipes, stories, jokes, advice, farm lore, and illustrations that were collected from a wide variety of sources from the 1880s to the 1950s. 5 1/2" x 8 1/2", 72 pages.

"Barbara Swell has the neatest cookbooks. They make such great gifts."
-Jeanette Haley, Museum of Pioneer History

Mama's in the Kitchen by Barbara Swell



BOOK NGB-835 \$5.95
ISBN: 1-883206-39-1

Mama's in the Kitchen simply screams *NOSTALGIA!* Here are the stories and recipes of our mothers and grandmothers as they cooked through two world wars, food shortages, and the Great Depression. This witty book chronicles how household gadgets changed the lives of women forever. This book takes both a serious and a humorous look at women in a changing world. 5 1/2 x 8 1/2, 72 pages.

"A little masterpiece of nostalgic cookery." James A. Cox, Bookwatch

Children at the Hearth by Barbara Swell



BOOK: NGB-820 \$5.95
ISBN: 1-883206-34-0

Eat your way back in time to the world of children 150 years ago. Sample foods, folklores, games found in the parlors of the wealthy, the boarding-houses of the poor, the cabins on the frontier. Over 60 vintage photos, historic recipes, ghost stories and much more! 5 1/2 x 8 1/2, 72 pages.

"Delightful and charming."
'Sparky' Anderson, Sutter's Fort Trade Store

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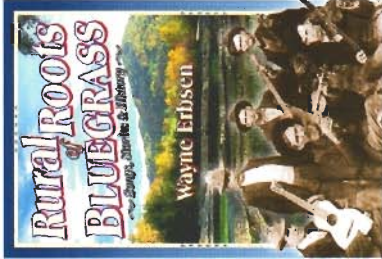
Native Ground Books & Music

109 Bell Road

Asheville, NC 28805

Rural America

Rural Roots of Bluegrass ~ Songs, Stories & History



BOOK NGB-957 \$14.95
ISBN 1-883206-40-5

Music historian Wayne Erbsen digs deep into the history of bluegrass music to uncover its true roots. Richly illustrated with over 100 vintage photos, the book has bluegrass history, lyrics and musical notation of 94 songs, chords, playing tips and historic sources for each song. 6 x 9, 180 pages.

THE RECORDING features the crystal clear voice of Laura Boosinger alongside the banjo, fiddle and mandolin wizardry of Wayne Erbsen. Like the book, this recording draws from many of the styles that are the very roots of bluegrass music. 13 vocals, 2 instrumentals, 54 minutes. See nativeground.com for list of songs in CD or book.

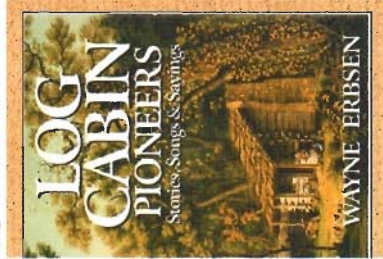
"Rural Roots of Bluegrass is simply magnificent!"
-Dave Higgs, Nashville Public Radio

Rural Roots of Bluegrass



CD: NG-CD-957 \$14.95

Log Cabin Pioneers ~ Stories, Songs & Sayings



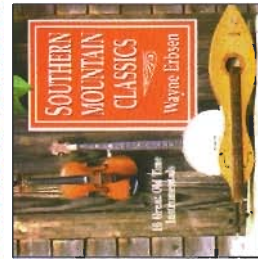
BOOK NGB-955 \$14.95
ISBN: 1-883206-36-7

Step inside as Wayne Erbsen takes you on a fascinating personal journey of finding and restoring a rare historic log cabin. By a crackling fire, you'll hear authentic pioneers sing ancient ballads, spin yarns, tell tales, swap superstitions and beauty secrets and cook hearthside recipes. Includes over 150 killer vintage photos, words & music to 19 ballads and songs, over 100 pioneer sayings, 6" x 9" 184 pages.

THE RECORDING:
Kick up you heels with spunky old-time dance tunes, historic songs and ballads of log cabin pioneers. 10 vocals, 6 instrumentals, 48 minutes.

"Entertaining, diverse, and informative." -N.C. Historical Review

Southern Mountain Classics

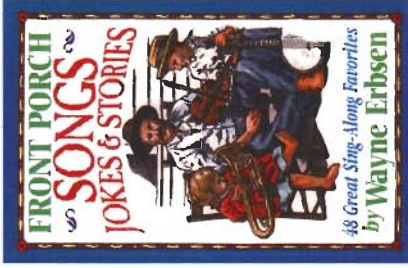


CD: NG-CD-100 \$14.95
CASSETTE: NG002 \$9.95

A very popular and rollicking collection of classic 19th century tunes featuring Dirk Powell on fiddle, Wayne Erbsen on banjo, guitar, mandolin and fiddle, Don Pedit on dulcimer. 16 tunes, 48 minutes.

"A killer recording!" -Banjo Newsletter

Front Porch Songs, Jokes & Stories



BOOK: FPS-100 \$5.95
ISBN: 1-9629327-9-5

Our all-time best-seller, this book is a winner with words & music to 48 19th century songs plus hilarious jokes, historical introductions, vintage photos. 5 1/2 x 8 1/2, 64 pages of fun.

THE RECORDING: Our most popular recording of the favorite tunes of the 19th century. Expertly played on banjo, fiddle, guitar, mandolin, washboard, harmonica, spoons, jews harp, hambone and feet. 17 tunes, all instrumental. 55 minutes.

OVER 120,000 BOOKS SOLD!

Front Porch Favorites



CD: NG-CD-007 \$14.95
CASSETTE: NG007 \$9.95

The Outhouse Papers ~ Country Humor & Trivia

The Outhouse Papers is a hoot! Absolutely funny and absorbing, this hilarious book includes wacky stories, strange historical facts, jokes, and folklore on a wide range of topics. Lose yourself in moonshine tales, old-fashion marriage advice, and even the Duct Tape Diet. Learn the lost art of hurling insults and making jerk coffee. Master the secret slang of Civil War soldiers, railroaders, hobos, and cowboys. Marvel at weird laws, strange inventions, and bizarre festivals, like the Cow Chip Throwing Championship, and the Rattlesnake Derby. Revel in quirky factoids about rich and famous Americans all the way from Thomas Jefferson to Al Capone. This book belongs in every outhouse in America. 192 pages.

BOOK NGB-956 \$9.95
ISBN: 1-883206-38-3
FREE DISPLAY AVAILABLE!

"Wayne! Your Outhouse Papers has been well read by all the family." Pete Seeger



Backpocket Bluegrass Songbook Backpocket Old-Time Songbook



BOOK NGB-955 \$14.95
ISBN: 1-883206-36-7

These twin books are classic collections of bluegrass and old-time songs complete with words and music, song histories, vintage photos, guitar chords and singing tips. They even fit in your back pocket! Each book has 40 songs, 4 1/2" x 12", 57 pages. See www.nativeground.com for list of songs.

BACKPOCKET BLUEGRASS SONGBOOK includes:
Wildwood Flower, Knoxville Girl, Short Life of Trouble, Rabbit in the Log, Cumberland Gap, A Beautiful Life, etc.

BACKPOCKET OLD-TIME SONGBOOK includes:
Cotton-Eyed Joe, Angelina Baker, Ground Hog, Sourwood Mountain, Little Rosewood Casket, Cindy, Wind and Rain, etc.

WE10008 \$6.95
ISBN: 1-9629327-1-X

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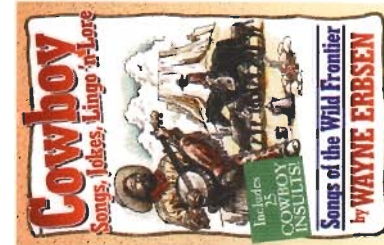
Frontier Trailblazers



CD: NG-CD-940 \$14.95
CASSETTE: NG940 \$9.95

Pierre Cruzatte A Musical Journey Along the Lewis & Clark Trail By Daniel Slosberg

Celebrate Lewis & Clark's bicentennial with recordings so rich and authentic you'll think you've made camp with Pierre Cruzatte himself, the main boatman and fiddler with the Lewis and Clark expedition. Includes 10 instrumentals, 5 vocals with fiddle, bones, spoons, Jew's harp, frame drum, fiddlesticks, tambourine, deer-hoof rattles, feet, bodhran, bastringue, sounden horn. 45 minutes.



BOOK: NGB-400 \$5.95
1-883206-06-05

Cowboy Songs, Jokes, Lingo 'n Lore of the Wild Frontier

This book is oozing with old-time cowboy wisdom, 30 classic cowboy songs, historic illustrations, 25 cowboy insults and other amazing cowboy lore. 8 1/2" x 5 1/2": 64 pages.



CD: NG-CD-400 \$14.95
CASSETTE: NG400 \$9.95

THE RECORDING: 2 instrumentals and 13 classic cowboy vocals including *Trail to Mexico*, *Goodbye Old Paint*, *Texas Rangers*, *Old Chisholm Trail*, *Colorado Trail*, *Dory Gal*, *Texas Quickstep*, *Sally Goodin*, *Roving Cowboy*. 52 minutes.

"Wayne's banjo and fiddle playing are first rate." -Dirty Linen

Outlaw Ballads, Legends & Lore

This bad boy book of ballads of the Old West and South is packed with outlaw lore, legends, insults, frontier etiquette, art, poetry, wisdom and even a few lies! 8 1/2" x 5 1/2", 64 pp.

THE RECORDING has 12 vocals, 2 instrumentals. Includes *Sam Bass*, *Jessie James*, *Billy the Kid*, *Cole Younger*, *John Hardy*, *Tom Dula*, *Boston Burglar*, *Tom Sherman's Barroom*, *Wild Bill Jones*, *Rambling Boy*, *Hangenman's Reel*. 56 minutes.

"True stories and great picking."

-Sing Out!

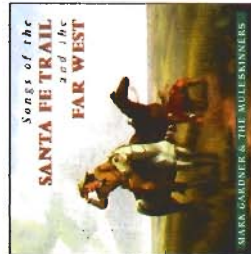


BOOK: NGB-500 \$5.95
ISBN: 1-883206-16-2

Songs of the Santa Fe Trail & the Far West

These are the songs that were sung on the Santa Fe Trail, in the Mexican War and the Gold Rush. Performed on period instruments, it captures the authentic sounds of covered wagon days. Includes: *Uncle Sam & Mexico*, *Uncle Sam's Song to Miss Texas*, *California Bloomer*, *Marcha de Los Novios*, *Joe Bowers*, *Calabra Waltz*, *The Battle Call*, *Fort Dodge*, *Home! Sweet Home!*, *Fandango*, *Jim Along Josie*, *Doniphan's Expedition*. 8 vocals, 4 instrumentals, 33 minutes.

"A trip to the frontier past." -Cowboys and Indians Magazine



CD: NG-CD-003 \$14.95
CASSETTE: NG003 \$9.95

Railroadin'

Singing Rails ~ Railroadin' Songs, Jokes & Stories

Packed with songs and lore of the railroads! Includes the melody and lyrics to 28 classic sing-alongs plus: railroad superstitions, tall tales, train wrecks, ghosts, hobos, insults, slang, vintage drawings and photos. 8 1/2" x 5 1/2", 68 pages.



BOOK: NGB-900 \$5.95
ISBN: 1-883206-26-X

Singing Rails

THE RECORDING: *John Henry Cannonball Blues*, *Railroading on the Great Divide*, *On the Dummy Line*, *Nine Hundred Miles*, *Death of Edward Lewis*, *Lonesome Pine Special*, *Freight Train Boogie*, *Railroad Bill*, *Train on the Island*, *Railroadin' & Gambelin'*, *Swannanoa Tunnel*, *Midnight Special*. 12 vocals, 2 instrumentals, 40 minutes.

"A colorful mixture to listen to over and over." -Railfan & Railroad

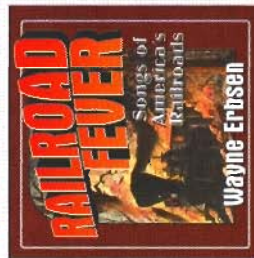
Railroad Fever ~ Songs, Jokes & Train Lore

Relive the glory days of railroadin'! Discover railroad oddities, poetry of the rails, railroad diner lingo, strange railroad laws, train heroes and villains, hobo lingo and porters' secret codes plus melody and lyrics to 16 classic railroad tunes. 8 1/2" x 5 1/2", 64 pages.



BOOK: NGB-930 \$5.95
ISBN: 1-883206-31-6

Railroad Fever Songs of America's Railroads



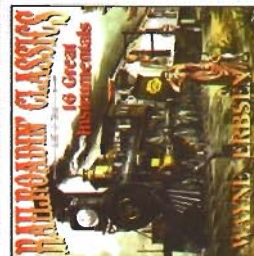
CD: NG-CD-930 \$14.95
CASSETTE: NG930 \$9.95

THE RECORDING: *Rock Island Line*, *The Railroad Blues*, *Death of John Henry*, *Red & Green Signal Lights*, *Blue Train*, *Drill, Ye Trainies Drill*, *Reuben's Train*, *Nine Pound Hammer*, *Kansas City Railroad*, *Jordan is a Hard Road to Travel*, *The Longest Train*. 14 vocals, 49 minutes.

"When we listen we can practically smell the smoke of a locomotive." -North Texas Garden Railway Consortium

Railroadin' Classics ~ 16 Great Instrumentals

TUNES: *Wabash Cannonball*, *Railroad Corral*, *Paddy on the Railway*, *The Lightning Express*, *Casey Jones*, *L&N Rag*, *Freight Train*, *New Lost Train*, *Wreck of the Old 97*, *In the Pines*, *Kansas City Railroad Blues*, *On the Dummy Line*, *New River Train*, *Reuben's Train*, *Lost Train Blues*, *Nine Hundred Miles*. Performed on banjo, banjo-guitar, banjo-mandolin, fiddle, mandolin, dobro, harmonica, guitar, jews harp, kazoo, bones, spoons, washboard, bass. All instrumentals, 45 minutes.



CD: NG-CD-920 \$14.95
CASSETTE: NG920 \$9.95

"Well done!" -Dave Higgs, Radio WPLN-FM

Nature Lore & Music

Crawdads, Doodlebugs & Creasy Greens Songs, Stories & Lore Celebrating the Natural World

by Doug Elliott

Let Doug Elliott be your guide into the wild world of nature with this fascinating book, tape or CD. The book is packed with over 24 songs, 90 illustrations, and nature lore galore! This award-winning recording has songs, stories, legends and more! 59 minutes.

"...intelligent, interesting and really fun." -Old-Time Herald

CD: NG-CD-600 \$14.95
CASSETTE: NG600 \$9.95



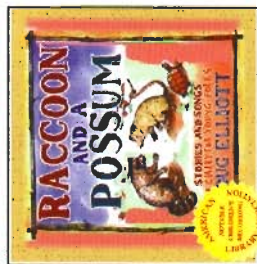
Raccoon and a Possum *'Specially for Young Folks*

by Doug Elliott

Naturalist, storyteller and harmonica wizard Doug Elliott takes listeners on a wild and wonderful exploration into the natural world. You'll hear a true story, an Indian legend, a jived-up Aesop's fable, a late night adventure in the woods along with some lively harmonica tunes and some mighty strange animal noises! Includes: *The Five Three Bears, The Story of Aspirin, Possum, Turtle and the Wolves, The Fox and the Crow, Uncle Reuben Run a Coon, Old Blue*. 62 minutes.

"Raccoon and a Possum is a hoot!" - American Library Service

CD: NG-CD-610 \$14.95
CASSETTE: NG610 \$9.95



Bullfrogs on Your Mind~ Stories, Songs & Adventure from the Swamps to the Hen House

by Doug Elliott

Master storyteller and singer Doug Elliott leads you on outrageous and entertaining adventures from the swamps to the hen house. Drawing from old-time, folk, swing, rock, blues, and rap, the songs feature, banjo, harmonica, fiddle, trombones, plus assorted buckets, bells, bottles, cans and even rattlesnake rattles! Listen to authentic recordings of alligator roars, owl hoots and frog chorus. 63 minutes of fun.

CD: NG-CD-620 \$14.95
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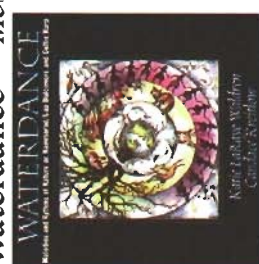
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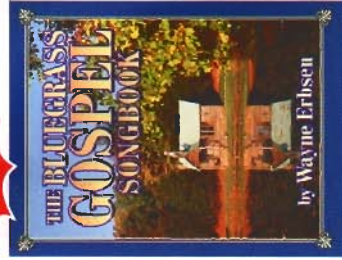
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Old-Time Gospel Favorites by Wayne Erbsen

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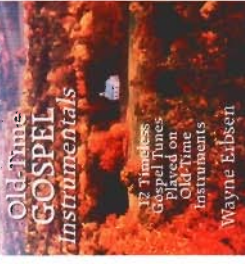
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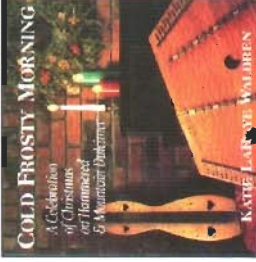
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Heart and Soul



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